

# Aetna Student Health<sup>SM</sup> precertification list\*

Effective  
September 1, 2009

Applies to: Aetna Choice<sup>®</sup> POS, Aetna Choice<sup>®</sup> POS II, Aetna Golden Choice<sup>™</sup> Plan, Aetna Golden Medicare Plan<sup>®</sup>, Aetna HealthFund<sup>®</sup>, Aetna Open Access<sup>®</sup> Elect Choice, Aetna Open Access<sup>®</sup> HMO, Aetna Open Access<sup>®</sup> Managed Choice, Elect Choice<sup>®</sup>, HMO, Managed Choice<sup>®</sup>, Open Choice<sup>®</sup>, Quality Point-of-Service<sup>®</sup> and USAccess<sup>®</sup> benefit plans and all products associated with the Aexcel<sup>®</sup> network\*\*

## Inpatient confinements (medical)\*\*\*

- Surgical and non-surgical confinements
- Skilled nursing facility
- Rehabilitation facility
- Inpatient hospice (except Medicare)
- Observation stays greater than 23 hours

## Behavioral health services\*\*\*

- Acute inpatient
- Residential
- Partial hospitalization
- Intensive outpatient

## Additional assistance and information

Call Aetna Student Health Customer Service for confirmation of member benefits and eligibility; see members' ID card for toll-free number (each school has a distinct phone number).

Visit [www.aetna.com](http://www.aetna.com) to find Clinical Policy Bulletins and DocFind<sup>®</sup>, our online provider directory.

Contact Aetna Pharmacy Management at **1-800-238-6279** for specific school precertification requirements of oral medications only.

Precertification approvals are valid for 6 months in all states except Texas and Washington State, where precertifications are valid for 30 days from the date of issue.

\* The term precertification here means the utilization review process to determine whether the requested service, procedure, prescription drug or medical device meets the company's clinical criteria for coverage. It does not mean precertification as defined by Texas law, as a reliable representation of payment of care or services to fully insured HMO and PPO members.

\*\* Not all plans are offered in all service areas. Members in Aetna HealthFund PPO, Aetna HealthFund Managed Choice, Aexcel, Choice POS, Choice POS II, Golden Medicare Plan, Open Access Managed Choice, Quality Point of Service and USAccess benefit plans may have the option of seeking care outside of the Aetna network at a reduced benefit level.

\*\*\* Aetna Student Health requires precertification for the following services in order for the member to avoid a financial penalty, reduction in coverage or no coverage.

Aetna Student Health recommends members follow the predetermination process for all other procedures and services found on the Aetna National Precertification list. This process will allow review for medical necessity to determine coverage.

Aetna is the brand name used for products and services provided by one or more of the Aetna group of subsidiary companies. The Aetna companies that offer, underwrite or administer benefits coverage include Aetna Health Inc., Aetna Health of California Inc., Aetna Health of the Carolinas Inc., Aetna Life Insurance Company, Aetna Health Insurance Company of New York, Aetna Health Insurance Company, Aetna Health Administrators, LLC, Cofinity and Strategic Resource Company (Aetna).

